

# Early promotion of children starting at birth

# Support children in their development and the playful discovery

## Welcome to "zeppelin- familien startklar"

We support you as a mother or father with the program "PAT- Mit Eltern Lernen" in the early demand and education of your children. You as parents have a great influence on the development and your child's learning.

In "zeppelin- familien startklar" you get information, guidance and support in everyday family life.

#### How does "PAT- Mit Eltern Lernen" work?

- Your parent educator usually comes every two weeks for an hour to your home until your child is two or three years old.
- Every month you can visit with your child a group offer in your community.

#### Home visit

- The home visit is time for you and your child.
- You speak with your parent educator about the development, the education and the health of your child and ask questions. The discussions are confidential.
- You play together and get new ideas on how to promote your child.

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## **Group offers**

- You meet other families and share experiences.
- You eat a snack together.
- You get to know offers for families in your vicinity.
- The children play with other children.

# What can you and your children achieve?

- You will feel confident about the education of your children.
- You know what your children need to grow up healthy.
- You get answers to your questions.
- You can prepare your children well for kindergarten and school.

# Who can participate?

- Pregnant women and parents in exceptionally challenging situations whose children are not older than four months.
- The participation is voluntary and free of charge.
  Premature withdrawal from the program is possible.

# Who provides information?

- Your mother counsellor
- Your midwife
- Your pediatrician

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